

August 2026 Blog

How fast is this year passing us by...

It's crazy but **"Hello AUGUST!"**

Lazy summer days and suffocating nights ha ha!

Note to self, get air con fitted during December while there are still stock available, let's be honest our houses are designed to keep in the heat, which means they don't let any air in. Windows open or not, having carpeted floors, thick curtains and blinds on the windows just makes for torture this time of year.

People actually say to me "You're Italian, you should be used to the heat!" Errrrrrr newsflash I've lived in England all my life. 🤔

Speaking of the heat, needless to say that, it causes havoc for all hair types so an extra dose of TLC is needed this time of year.

No matter what the texture is my advice this time of year is make sure you are using a good quality hair treatment every week.



You can keep it off the roots, if like me, your hair is on the fine side but definitely still slather the mid lengths and ends.

Leave it on for 15 to 30 minutes for best results.

We love the **BIOLAGE** treatments, this one is for coloured hair with orchid extract.

It smells divine but there are several varieties for different targeted needs.

One pack will give you at least 10 treatments.

And if you are using it, there is no need to use conditioner.

At £19.50 that works out at only £1.95 per use.

So, let's have a little catch up on Salon news and some trend updates.

As far as colour goes, root tapping (which if I'm honest is similar to root smudging or root drag) is the in word, similar result to a root drag or a root smudge but just a new word for it.

Sometimes I do find myself raising my eyebrows because it seems to be just about what can somebody come up with to make it sound different when it's just the same as before but hey ho.

But I thought I'd mention it because as it will be all over social media and so just you guys had heard it hear.

I'll cover a bit of a technical stuff below.



Root tapping gives a more lived in colour look that grows out seamlessly. Over the last few years, we've seen clients move away from the bright, solid blondes and towards a more natural looking colour that requires less maintenance between appointments.

So, what is a root tap?

A root tap is a light application of colour placed directly at the root area, before being softly blended into the mid-lengths.

Unlike a strong root shadow, a root tap is designed to subtly soften the root area without creating an obvious band of colour. The result creates a beautifully blended blonde that looks softer and natural, and grows out far more seamlessly.

Why should you choose a root tap?

To avoid root regrowth line

To break up a solid blonde at the root

To add subtle depth without creating a heavy root shadow

To create a softer, lived-in blonde finish

To fade contrast between the natural base and lighter lengths

A root tap is also perfect for clients who love being blonde but don't want the commitment of frequent appointments, meaning you're still giving them a reason to come back to the salon a lot sooner than usual.

It's a win win for you and your client!

If you fancy a colour change, don't do it on the day that you are booked in for a regular colour appointment.

Please make a separate appointment for a fresh consultation so that your stylist can allow extra time for any changes needed and any fresh skin tests or strand tests that are needed too.

Also please update your skin test if you know it's out of date, we have had to refuse some bookings recently and the last thing we want is to disappoint you when you try to book.

Like we always say the trends come and go and come around again...

If you've been keeping up with Harry Styles' latest tour, you've probably spotted one haircut making almost as many headlines as his music...

It's the Micro Mullet.

A fresh take on the iconic 80s mullet, Harry's version feels softer, more wearable.

With textured layers throughout the top, neatly tapered sides and a subtle length left through the nape, it's become one of the standout cuts of 2026 and it's been making its way into Rens barber salon too.

So, if you are looking for something a little different and edgy but still modern and wearable give the Micro Mullet a try.

This image showcases Harry but it's a gender-neutral style so can be worn by all.



So that's the round up for August, hope you are all having a great summer, stay hydrated & sun block yourselves up to the max.

Don't forget to keep checking in on our socials for live updates and upcoming offers.

Anna x