

June 2023 Blog

The team at Colabella enjoy being creative in their work on a day-to-day basis with their clients, we have spent the last few weeks on our socials talking a little about our stylists and highlighting their fab skills.

Have a look through and see who you think your best fit is with our fab team.

To continue our on going education and product knowledge the team try to get together but to have the whole team together these days is rare but is so valuable.

These days with Zoom, it makes it a little easier but with so many of the team and many of whom are parents, it's not easy for us all to get together but when we do it creates a sense of community and really boosts our creativity, we can support each other in this ever changing fast paced industry.

One topic that comes up often in consultations is the build-up of hair products on the hair and scalp and with many having plastic ingredients it's important to do this well.

Everyone has their own hair washing routine, but are you washing your hair correctly?

Here are our top tips for how to wash your hair correctly and find the best shampoo and conditioner for your hair type, to gain maximum results.

1. Firstly, wash your hair first before you wash your body, this gives the conditioner a little time to work while you are washing your body. Wash your hair twice. Yes twice! This makes sure the shampoo has lifted and shifted any build-up on the hair and scalp.
2. Once your hair is wet through, emulsify the shampoo in your hands for 10 seconds before you apply it to the hair. This will activate the ingredients and make the product go a lot further, especially the professional brands from the salon as they are highly concentrated.
3. Use a gentle cleansing shampoo once a week to wash hair and remove any build-up of minerals and free radicals, this will also allow your regular shampoo to work properly. A shampoo that is designed for your hair type will make your hair look shiny and manageable.
4. Make sure you rinse the product out thoroughly, more often than not a residue is left on the scalp and can get confused as dandruff. This also happens with conditioners because they are creamier and hang onto the hair more.
5. Give the hair a little squeeze with a towel to get out the excess water then apply through with conditioner from ends to tips, distributing the product evenly throughout the hair to help detangle more easily and will cause less stress on wet hair. Use a tangle brush or comb to comb through the conditioner.
6. When you think you've rinsed thoroughly, rinse again, this guarantees everything has been removed and will make blow drying quicker too.

If you are ever having problems with your hair that other salons just can't fix, do book a free consultation and we will try our best to fix it or if it's an unusual issue we can speak to our colleagues when we have our catch ups to see if any of the team have come across this issue and try and resolve it for you.

Although consultations are free it does require a booking as we cannot guarantee if you pop in that some one will be free to sit and chat with you.

Have a great June – Anna x